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**School of Business**  
**Bachelor of Business Administration**  
**Mid Term Examination - Nov 2023**

**Duration : 90 Minutes**  
**Max Marks : 50**

**Sem I - L1UB420T / L1UB121T - Physical Education and Yoga**

General Instructions

*Answer to the specific question asked*

*Draw neat, labelled diagrams wherever necessary*

*Approved data hand books are allowed subject to verification by the Invigilator*

- 1) Explain & Highlight the relationship between Physical Education and General Education. K2 (2)
- 2) List the names of 2 colleges established before independence of India K1 (3)
- 3) Explain, Compare and contrast the Rajput and Muslim perspectives on Physical Education in India. K2 (4)
- 4) Explain Speed and Strength in terms of Physical Fitness K2 (6)
- 5) Identify the role of Physical Education in promoting a healthy lifestyle. K3 (6)
- 6) Identify the socio-cultural impact of Physical Education in India. K3 (9)
- 7) Analyze the misconception of Physical Education in India K4 (8)
- 8) Explain the reason behind less participation of Females in Sports K5 (12)

**OR**

Examine the role of community engagement in promoting Physical Education. K4 (12)