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**School of Hospitality**  
Bachelor of Hotel Management  
Mid Term Examination - Nov 2023

Duration : 90 Minutes  
Max Marks : 50

**Sem I - Q1UC123T - Food Nutrition and Hygiene**

General Instructions

*Answer to the specific question asked*

*Draw neat, labelled diagrams wherever necessary*

*Approved data hand books are allowed subject to verification by the Invigilator*

- 1) Outline the sources of fat in diet. K2 (2)
- 2) List the functions of food. K1 (3)
- 3) Explain various functions of food. K2 (4)
- 4) Interpret the role of protein in our body. K2 (6)
- 5) Interpret the significance of complementary feeding. K3 (6)
- 6) Apply nutritional guidelines for diet planning. K3 (9)
- 7) Categorise vitamins and discuss in detail. K4 (8)
  
- 8) Discuss the significance of vitamin consumption. K4 (12)

**OR**

Discuss the role of minerals in human body. K4 (12)