

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

School of Medical and Allied Sciences

Bachelor of Physiotherapy

Semester End Examination - Nov 2023

Duration : 180 Minutes

Max Marks : 100

Sem VII - BPHY7003 - Health Promotion and FitnessGeneral Instructions*Answer to the specific question asked**Draw neat, labelled diagrams wherever necessary**Approved data hand books are allowed subject to verification by the Invigilator*

- 1) Find, how can physiotherapists collaborate with other healthcare professionals to enhance prevention practice? K1 (2)
- 2) Extend the meaning "physiotherapist address environmental factors to promote health and prevent diseases." K2 (4)
- 3) Summarise the role of physiotherapist in tertiary prevention and give examples of their interventions. K2 (6)
- 4) Construct role of physiotherapists in preventing falls and promoting balance and mobility. K3 (9)
- 5) Experiment with the concept of motivational interviewing and its application in prevention practice. K3 (9)
- 6) Appraise the term fitness and explain its importance in maintaining a healthy lifestyle. K5 (10)
- 7) Analyse the role of muscular endurance in fitness training. K4 (12)
- 8) Assess the ethical considerations in conducting prevention interventions in vulnerable populations. K5 (15)
- 9) Justify the statement "body composition affect an individual's fitness level" K5 (15)
- 10) Predict physiotherapists support in making sustainable health behavior changes. K6 (18)