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School of Liberal Education
Bachelor of Arts Honours in Applied Psychology
Semester End Examination - Nov 2023

Duration : 180 Minutes
Max Marks : 100

Sem V - K1UA504C - Introduction to Clinical Psychology

General Instructions

Answer to the specific question asked

Draw neat, labelled diagrams wherever necessary

Approved data hand books are allowed subject to verification by the Invigilator

- 1) Identify three recent advancements in clinical psychology research that address contemporary challenges in mental health treatment. K1 (2)
- 2) Compare and contrast the behavioral and cognitive-behavioral perspectives in psychotherapy, focusing on their underlying theories and therapeutic techniques. K2 (4)
- 3) Explain the role of clinical judgment in psychological assessment and its significance in treatment planning and diagnosis. K2 (6)
- 4) Apply principles of positive psychology in a coaching context to enhance an individual's well-being. K3 (9)
- 5) Design a family therapy intervention to improve communication and resolve conflicts within a family experiencing marital problems. K3 (9)
- 6) Appraise an integrative therapy approach that combines behavioral techniques and cognitive restructuring to address a client's anxiety disorder comprehensively. K5 (10)
- 7) Analyze the potential causes and risk factors contributing to the development of eating disorders in adolescents. K4 (12)
- 8) Create a diagnostic flowchart that outlines the process of diagnosing psychological problems, from initial screening to the final diagnosis, considering the use of assessment tools and criteria from the DSM-5. K5 (15)
- 9) Evaluate the appropriateness of using projective tests in diagnosing specific psychological disorders, considering their empirical support and potential biases. K5 (15)
- 10) Develop a hypothetical case study and then create a customized assessment plan that aligns with the individual's unique needs and challenges. K6 (18)