

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

School of Liberal Education
Bachelor of Arts Honours in Applied Psychology
Semester End Examination - Nov 2023

Duration : 180 Minutes
Max Marks : 100

Sem V - K1UA506T - Psychotherapeutic Interventions

General Instructions

Answer to the specific question asked

Draw neat, labelled diagrams wherever necessary

Approved data hand books are allowed subject to verification by the Invigilator

- 1) Define reality therapy and its main principles K1 (2)
- 2) Explain the psychoanalytic theory. K2 (4)
- 3) Explain the stages of client-therapist relationship K2 (6)
- 4) Identify the core concept of therapies based on classical conditioning . K3 (9)
- 5) Identify the key concepts of Person-centered Therapy and Gestalt therapy. Person-centered Therapy, K3 (9)
- 6) Evaluate the core features of therapy. Briefly explain K5 (10)
- 7) Distinguish between the person-centered therapies and Gestalt therapy K4 (12)
- 8) Explain the cognitive-behavioral therapy and psychodynamic therapy. K5 (15)
- 9) Explain the key components of the therapeutic technique of free association within Freudian psychoanalytic therapy K5 (15)
- 10) Discuss the R's of reality therapy K6 (18)