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School of Liberal Education**Master of Arts in Applied Psychology
Semester End Examination - Nov 2023****Duration : 180 Minutes
Max Marks : 100****Sem III - PSY6016 - Psychopathology**General Instructions*Answer to the specific question asked**Draw neat, labelled diagrams wherever necessary**Approved data hand books are allowed subject to verification by the Invigilator*

- 1) State the differences between ICD 10 and DSM V. K1 (2)
- 2) Outline two common types of sleep disorders and briefly describe their characteristic features. K2 (4)
- 3) Explain the underlying factors contributing to the development and maintenance of anxiety disorders. Consider genetic, environmental, and cognitive factors in your answer. K2 (6)
- 4) Determine the effectiveness and limitations of cognitive-behavioral therapy (CBT) and exposure therapy as treatments for anxiety disorders. K3 (9)
- 5) Identify the potential relationship between depression and other comorbid conditions, such as anxiety disorders or substance use disorders. Discuss the implications for diagnosis and treatment. K3 (9)
- 6) Evaluate the etiology of somatic symptom disorder. K5 (10)
- 7) Saloni a 35-year-old woman, has been experiencing chronic pain and fatigue for the past two years. Despite multiple medical tests, no organic cause for her symptoms has been found. Analyze the case and discuss the potential diagnosis of a somatic symptom disorder. Explore the factors that may contribute to the development and maintenance of this disorder, as well as potential treatment approaches. K4 (12)
- 8) Explain three major theoretical perspectives (e.g., biological, psychodynamic, cognitive-behavioral) used to explain the development and maintenance of mental disorders. K5 (15)
- 9) James, a 28-year-old man, has been experiencing episodes of memory loss and identity confusion. During these episodes, he assumes a different name and believes he is a completely different person. Explain the case and discuss the potential diagnosis of dissociative identity disorder (DID). Explore the potential underlying causes and treatment options for this disorder. K5 (15)
- 10) Elaborate how chronic stress affects the functioning of the immune system and contributes to the development of physical and mental health problems. K6 (18)