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**School of Liberal Education****Master of Arts in Applied Psychology****Mid Term Examination - Mar 2024****Duration : 90 Minutes****Max Marks : 50****Sem IV - PSY6037 - Psychotherapy**General Instructions*Answer to the specific question asked**Draw neat, labelled diagrams wherever necessary**Approved data hand books are allowed subject to verification by the Invigilator*

- 1) Explain the features of psychodynamic therapy. K2 (2)
- 2) Write a short note on transference and countertransference. K1 (3)
- 3) Discuss the role of defense mechanisms play in Freudian psychoanalytic theory. K2 (4)
- 4) Discuss some important behavioral modification techniques in detail. K2 (6)
- 5) Illustrate the principles underlying systematic desensitization and its application in clinical practice. K3 (6)
- 6) Jack, a 45-year-old executive, exhibits patterns of denial and rationalization when discussing his marital problems. Determine Freudian psychotherapy, analyze Jack's use of defense mechanisms to protect himself from distressing thoughts and emotions. K3 (9)
- 7) Conclude and explore the concept of exposure therapy in behavior therapy. K4 (8)
- 8) Compare and contrast Adlerian psychology with Freudian psychoanalysis, highlighting differences in their views of human nature, the role of childhood experiences, and the therapeutic process. K4 (12)

**OR**

Outline the significance of the interpretation of transference in Freudian psychoanalysis. How does the therapist interpret the client's unconscious feelings and reactions towards the therapist, and how does this process contribute to therapeutic progress? K4 (12)