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School of Liberal Education**Master of Arts in Applied Psychology
Semester End Examination - May 2024****Duration : 180 Minutes
Max Marks : 100****Sem IV - PSY6041 - Positive Psychology**General Instructions*Answer to the specific question asked**Draw neat, labelled diagrams wherever necessary**Approved data hand books are allowed subject to verification by the Invigilator*

- 1) Define psychological wellbeing. K1 (2)
- 2) Infer the term self-regulation. K2 (4)
- 3) Infer the relationship between happiness and Well-being in your own language. K2 (6)
- 4) Identify Self awareness that knowing about one's value. Explain in details. K3 (9)
- 5) Apply the concept of a character strength to a situation in a Western context. K3 (9)
- 6) How Positive Psychology is connected with Quality of Life. Defend with your own arguments. K5 (10)
- 7) Examine the potential consequences of lacking self-control in decision-making. K4 (12)
- 8) Evaluate the potential drawbacks of prioritizing personal happiness over societal well-being in decision-making. K5 (15)
- 9) Evaluate the ethical considerations in the application of positive psychology interventions. K5 (15)
- 10) Discuss and estimate the potential long-term consequences of consistently low life satisfaction levels. K6 (18)