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Community Health Worker Supervision

Maximizing Effectiveness and Retention

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Reflection for a Moment

- Literature is replete with statements that supervision is critical to program success....
- Reality says that supervision is virtually non-existent or of questionable value
- What do we hope to achieve?
 - Improve motivation and retention
 - Increase effectiveness and improve quality
 - Be scalable
- Why is it so difficult to implement?

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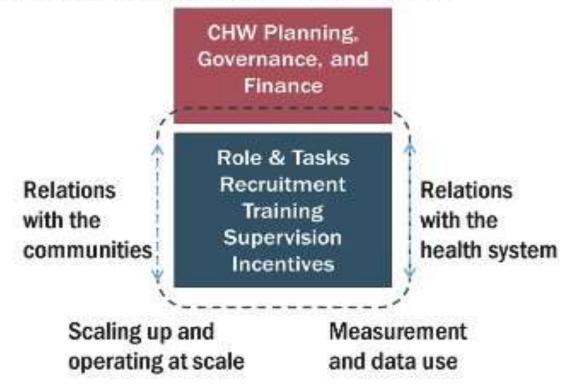
Challenges to Supervision

- Travel expenses and logistics
- Supervisors are not really "supervisors"
- Supervisors do not have appropriate tools and support to conduct supervision
- Supervisors don't understand the CHW role or the context in which they operate
- Gender issues supervisors are often men and CHWs are often female

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Supervision: in Context

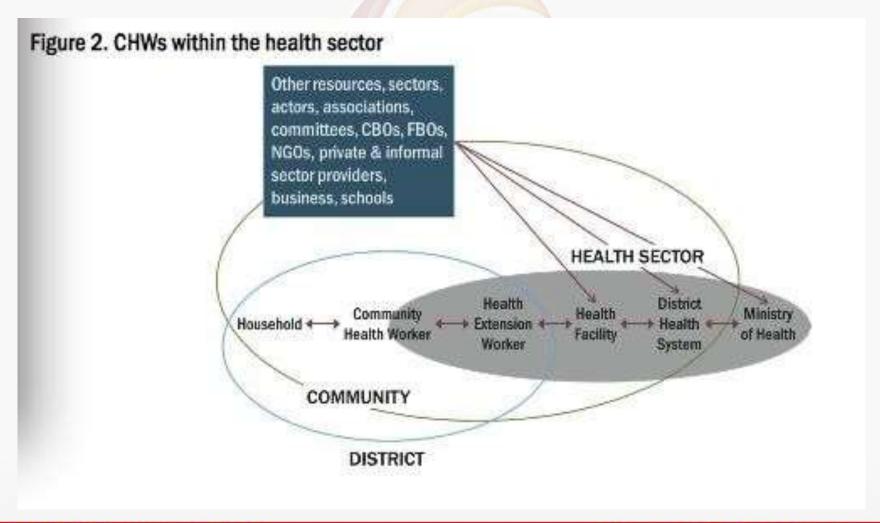
Figure 1. Overview of CHW program sub-systems and their interactions



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Actors and Influencers



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7 Key Questions

- What are the objectives of CHW supervision?
- What strategies should shape the supervision approach?
- What standards and guidelines should guide CHW performance?
- Who will supervise? Who will supervise the supervisors?
- How often should supervision be done?
- How can you ensure that supervision visits are planned, implemented, and tracked?
- How will information be used to improve performance?

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Q1: What are the objectives ofQuality supervision?

- Adherence to norms and guidelines
- Drugs and supplies
- Communication and information
 - Households, visits, EPI
 - Promotional messages, education
- Supportive
 - Emotional, motivational
 - Coaching and problem-solving

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Q2: What strategies should guide the approach?

- Build upon what exists
- Use a bottom-up approach
- Plan, and monitor implementation
- Engage all levels for accountability
- Develop capacity at all levels:
 - Data management
 - Teamwork
 - Problem-solving

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Q3:What standards should guide performance?

- Foundation of quality is a thoughtful and thorough set of standards/guidelines that are communicated to everyone and that engage everyone—
 - CHWs
 - Supervisors
 - Program managers
 - Health committee
 - Community

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Q4&5: Who will Supervise Whom? How Often?

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- Who will supervise?
- Who will supervise the supervisor?
- How often will it happen?
- Where will it happen?

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Q:6 Plan, Implement and

Track

- Yearly plans are made but not followed
- Plans focus on coverage and health indicators while management processes are overlooked
- Supervisors are rarely prepared for visits and visits are often not carried out
- A plan is only as good as its implementation, monitoring and evaluation
- Monitor and evaluate the process not only the outcomes

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Performance Improvement

- CHWs are the closest link to communities and asked to collect lots of data
- Data go up and rarely come back down
- Supervisors usually do not use data for improving performance
- But they could, if information flow is planned and organized, and supervisors, CHWs and communities have access to the right kinds of data

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Approaches to Supervision

- Traditional or External Supervision
- **Group Supervision**
- Peer Supervision
- Community (or Health Committee) Supervision

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External Supervision

- Objectives: Links CHW to health system: protocols, supplies, collection of data, one to one support
- Prerequisites: Functioning and accessible HC, travel resources, available and prepared supervisors, tools
- Benefits: Linkages to health system, clinical oversight, integration of new protocols, health system issues addressed (drugs). Also potentially scalable.
- Challenges: Expensive, difficult to implement and monitor, requires functioning PHC system (to support and evaluate supervisors) and trained and available supervisors. Little to no community input.

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Group Supervision

- **Objectives:** Links CHW to health system: protocols, supplies, collection of data, group support
- Prerequisites: Functioning and accessible HC, travel resources, tools
- Benefits: Linkages to health system, some clinical oversight, health system issues addressed (drugs). Also potentially scalable.
- Challenges: Requires functioning PHC system (to support and evaluate supervisors), little if any input from community, CHWs receive less (or no) one-to-one coaching

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