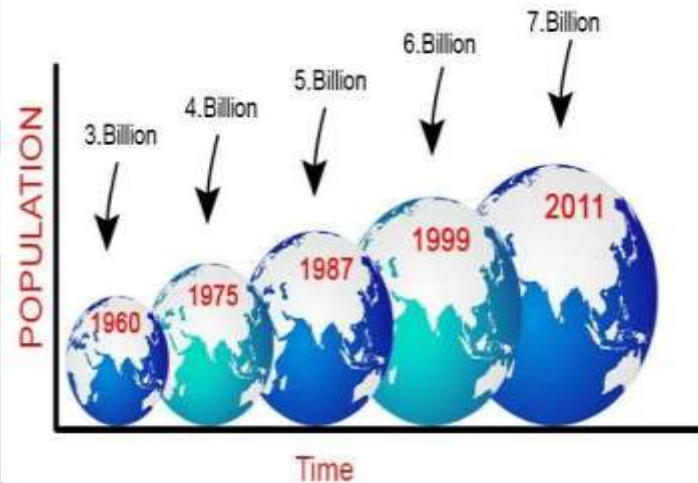


POPULATION EXPLOSION



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8).Population growth weakens social infrastructure

- In welfare states like India the Govt. pledges to meet the social needs of the people by providing basic facilities like –
 - Subsidized education, housing & medical aid
- But vast increase in population casts a heavy burden on the government and derails many plans.

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The logo of Galgotias University is a stylized 'G' composed of four curved, overlapping bands in shades of yellow, blue, and red, set against a light grey circular background.

Are there any advantages of High Population Growth?

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Increase in the rate of population growth has advantages also:

- The growing population of youth in developing countries like India can play a important role in building the economy.
- Their **strength and talent can be utilized** in various ways.
- In contrast, the advanced countries like Japan and many European countries are facing a peculiar problems associated with a sharp decline in population.
 - EX: **Japan** has become **a society of aging people** because of rapid fall in fertility rate & increase in longevity.
 - Nearly a **quarters of population is above 65 years**
 - Because of **decreased labour force, dependence of robots is increasing both at home and in factories..**
 - There is **no one to take care of elderly population.**

POPULATION CONTROL MEASURES INITIATIVES IN INDIA

- There are no easy solutions to the problems of population explosion.
- Population growth is ***linked with poverty, and illiteracy.***
- ***It is possible only when people are educated and enjoy reasonably good standards of living that the population of a country stabilizes.***
- ***It is not a coincidence that countries like Norway, Switzerland, Singapore, & The USA – have high Human Development Index have a low growth rate of population.***
- ***In India economically backward states – Bihar, UP, Rajasthan – have highest Birth rates.***

- In countries like India societal norms, & prejudices(an unjustified attitude or opinion, usually a negative one) influences the size of the families.
 - The preference for a male child,
 - Child marriages
 - Low status of women in many communities

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- India was first country in the world to launch a nation wide **FAMILY PLANNING PROGRAMME** in 1952.
 - Govt. agencies and institutions have spread the message of the importance of having small families.
 - Media was extensively used for making awareness among the people.
 - Enlighten the parents - **could spend time and resources** in small families & hence can be happy.
 - Cheap **contraceptives** were distributed even in most remote areas.

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➤ **FAMILY PLANNING PROGRAMME in 1952.**

- **Sex education** was popularized.
- **Sterilizations** were conducted & Abortion was legalized.
- **Couples were encouraged** to go in for sterilization (Vsectomy for males, Tubectomy for females) after the birth of 2 children.

Small family, Happy family, Healthy family

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- Every country must devise its own ways to tackle the problems of overpopulation.
 - In **1979 China started the 'one child per family' policy.** Those who defied the law and had a second child were subjected to brutal punishment.
 - The ***child too had to face the impact as Chinese Govt. had denied him/ her education & health care.***
 - The **infamous population control measures** was successful in bringing down the birthrate. But at the cost gross ***human rights violations.***
- Such coercive policies would not be practical & ill suited in a large democratic country like India.

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Measure to control Population

- a) The Govt. should **regularly conduct programmes to educate the public** about the ill effects of overpopulation.
- b) **Social organizations & NGOs should actively** involve and inform people about the available methods of family planning.
- c) **People should be persuaded but not coerced** to undergo sterilization after having 2 children.
- d) **Family literacy** should be encouraged, so that women can take informed decisions about the size of their families.
- e) **Ban on child marriages** should be enforced strictly.
- f) **Maternal and child care facilities** should be improved.

Contraception methods



Condom



Female condom



Oral contraception



Hormonal ring



UID



Contraceptive injection



Surgical sterilization



Implant



Coitus interruptus



Calendar rhythm method



Vaginal douche



Contraceptive patch




Diaphragm / cap

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