Course Code: BSCN2003 Course Name: MEDICAL SURGICAL NURSING

ALOPECIA





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DEFINITION:

- Alopecia is defined as the loss of hair from areas where hair normally grows
- Partial or complete baldness or loss of hair.



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Forms of Alopecia:

- Alopecia Areata (AA)
- Alopecia Totalis (AT)
- Alopecia Universalis (AU)
- Alopecia Barbae
- Androgenetic Alopecia (AGA)
- Scarring Alopecias

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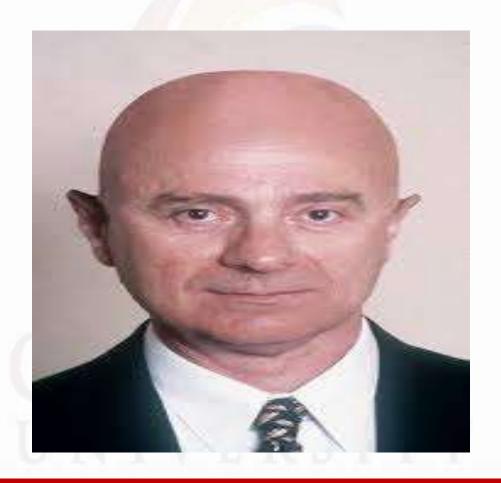
Alopecia Areata (AA)



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Alopecia Totalis (AT)



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Alopecia Universalis (AU)



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Alopecia Barbae

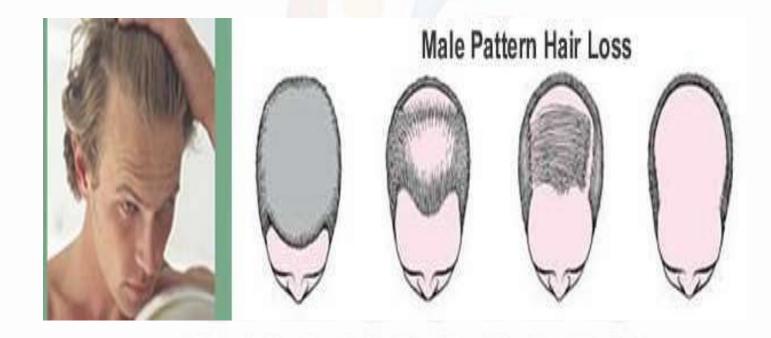




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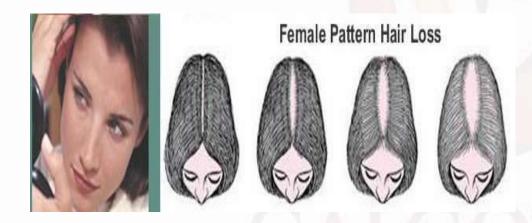
male pattern baldness



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Female pattern baldness



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Scarring Alopecias



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Causes of alopecia:

- Exposure to allergens, irritants, toxins, burns, injuries, and infections.
- Certain medications (especially anabolic steroids like testosterone)
- Radiation and chemotherapy.
- Malnutrition

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Treatment

- Although hair loss rarely needs to be treated, many people seek treatment for cosmetic reasons.
- There is no cure for alopecia and no universally proven therapy to induce hair regrowth.

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Treatment

- Many cases of hair loss are temporary, for example, due to chemotherapy, or they're a natural part of ageing and don't need treatment.
- If hair loss is caused by an infection or another condition, treating the underlying problem may help prevent further hair loss.

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Finasteride:

- It acts by preventing the hormone testosterone being converted to the hormone dihydrotestosterone (DHT).
- DHT causes the hair follicles to shrink, so blocking its production allows the hair follicles to regain their normal size.
- The balding process usually resumes within six to 12 months if treatment is stopped

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Minoxidil:

- Minoxidil is available as a lotion you rub on your scalp every day
- It's not clear how minoxidil works, but evidence suggests it can cause hair regrowth in somemen.
- Minoxidil is currently the only medicine available to treat female-pattern baldness.

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Corticosteroid injections:

- Acts by suppressing the immune system.
- This is useful in alopecia Areata because the condition is thought to be caused by the immune system damaging the hair follicles.

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