

History taking in Assessment

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Disclaimer

This content is for educational and teaching purpose.

The logo of Galgotias University is a circular emblem with a stylized 'G' shape. It features a gradient of colors: yellow at the top, blue in the middle, and red at the bottom. The 'G' is formed by three curved segments that meet at the center.

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ASSESSMENT

1. DEMOGRAPHIC DATA

2. CHIEF COMPLAINT

3. HISTORY

- PRESENT ILLNESS
- PAST HISTORY
 - i. SURGICAL HISTORY
 - ii. MEDICAL HISTORY
- FAMILY HISTORY
- OCCUPATIONAL HISTORY

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DEMOGRAPHIC DATA

- Name:
- Gender:
- Marital status
- Occupation:
- Date of assessment:
- Source of history:
- Age:
- Address:

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- **Chief complaints:** (Always in patients words)
- Symptoms
 - Breathlessness(SOB)
 - Cough with or without expectoration
 - Chest pain
 - Noisy breathing
- Associated symptoms
 - Hoarseness Voice changes
 - Dizziness/faint
 - Headache
 - Altered sensorium
 - Ankle swelling

- Nausea / Vomiting
- Weight loss
- Fatigue
- Weakness
- Altered sleep pattern
- Fever
- Excessive sweating
- Loss of appetite



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History of presenting illness

- Breathlessness
 - Description of onset
 - Date
 - Time
 - Type : sudden/gradual
 - Severity
 - How bad it is
 - How it affects activities of daily living
 - Frequency
 - How often
 - Duration
 - How long
 - Constant/intermittent



- Associated symptoms

- Sweating
- Swelling
- Cough
- Chest discomfort

- Aggravating factors

- Position/weather/temperature/anxiety/exercise

- Relieving factors

- Position/hot/cold/rest



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- During the status of episode
 - Can you continue to do what you were doing
 - Do you have to sit down or lie down
 - Can you continue to speak
 - Do the attack cause your lips or nail bed to turn blue
- SCALE
 - Visual analog scale : ___/10
 - Modified Borg scale
 - MRC Scale

Tick the activities disturbed by breathlessness

- Climbing stairs () if yes how many steps
- Walking () if yes how much distance

- Bathing ()
- Dressing ()
- Shopping ()
- Speaking ()

- Any other activities

Toileting()

Combing ()

Grooming ()

- **Type of dyspnea**

- Recurrent dyspnea
- Progressive dyspnea
- Orthopnea – lying down flat
- Trepopnea – lying on one side
- Platypnea – while sitting
- Paroxysmal nocturnal dyspnea
- FUNCTIONAL dyspnea

- **Cough**

(Description of Onset)

- Date
- Sudden or Gradual
- Productive/non productive
- Duration: greater than 2 weeks (screen for Tuberculosis (TB))

Time

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- **Severity**

- How bad it is?
- How it affects activity of daily living?

- **Associated symptoms**

- Chest pain/wheezing
- fever/runny nose/hoarseness/night sweat/weight loss/ headache/dizziness/ loss of consciousness

- **Sputum Description**

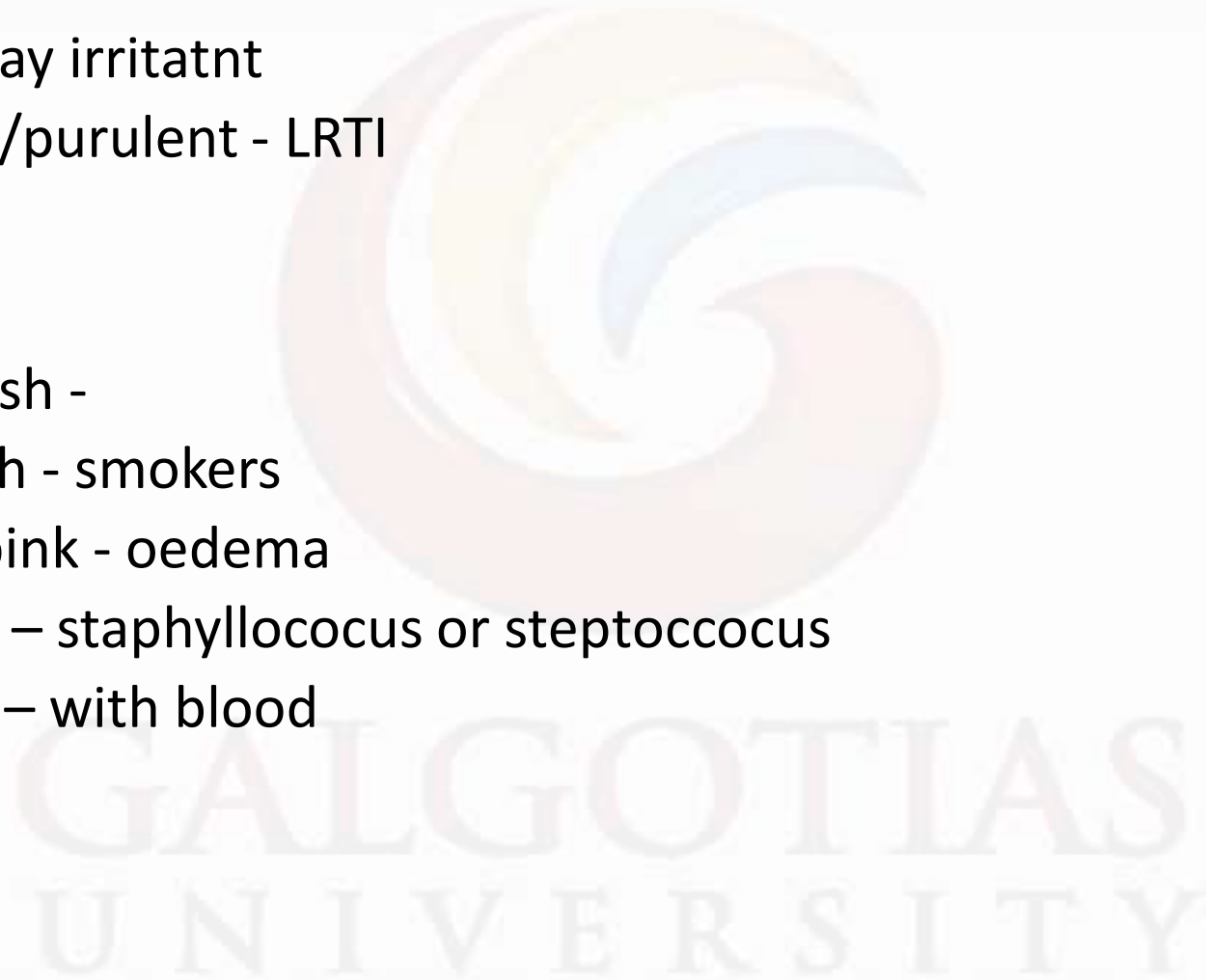
- Mucoid – airway irritant
- mucopurulent/purulent - LRTI
- blood tinged

- **Color**

- Clear / yellowish -
- black/brownish - smokers
- frothy white/pink - oedema
- sand Greenish – staphylococcus or streptococcus
- red jelly/rusty – with blood

- **Consistency**

- Thin/thick



- Quantity
 - Scanty/ ____teaspoon/____cup/copious __ pint or more
- Time of the day
 - Morning/evening
- Odour

- **Hemoptysis**

- Amount : clot/massive
- Odour
- Color
- Frequency
- Frank blood or mixed with sputum
- Streaky/Non streaky/**FROTHY BLOOD TINGED**
- With chest pain/dyspnea
- **WITHOUT COUGHING**
- History of nose bleed
- History of accidents

Chest Pain

- ORIGIN
- ONSET
 - Date
 - Time
 - Type : sudden/gradual
- Severity
 - How bad it is
 - How it affects activities of daily living
- Frequency
 - How often
- Duration
 - How long
 - Constant/intermittent

Aggravating factors

- Breathing
- Positions :
 - Lying flat/side lying
 - Movement with arms
 - Rest/exercise
 - Sleeping/stress/after eating
 - Stress/anxiety
- Quality
 - Dull / aching / sharp shooting
 - radiating
- FEVER

PAST MEDICAL HISTORY

- Surgeries & hospitalisation
- Injuries & accidents
- Allergies
- Medications
- Diabetes
- HTN

PERSONAL HISTORY

Cigarettes – packs per year

Alcohol

Other habits like chewing , gutka , addicted to something etc

FAMILY HISTORY – DISORDERS OR DISEASE in family from direct relation like
Autoimmune disorders.

Diabetes, cancer, mental disorder cardiovascular disease.

OCCUPATIONAL HISTORY

ENVIRONMENTAL HISTORY

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References

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- Cardiovascular and Pulmonary Physical Therapy Evidence to Practice Frownfelter
Donna, Elizabeth 5th EDITION.
- Wilkins' Clinical Assessment in Respiratory Care - Dr. Albert Heuer and Dr. Craig Scanlan, 7th Edition

Thank You.

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